

# Under the Pastoral Care of the Michaelite Fathers

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Sacrament of Reconciliation:

Saturdays: 9.30am and 4.15pm

Before & after every Mass (please talk to priest)

# 2024 HOLY WEEK & OCTAVE OF EASTER

#### Palm Sunday 24 March

5.00pm Vigil Mass (Saturday, 23 March)

7.00pm Vigil Mass (Saturday, 23 March; Spanish)

<u>8.00am</u>

10.00am

6.00pm

## Monday 25 March

7.30am Adoration

<u>8.30am</u> Mass

<u>9.15am</u> Adoration + Rosary + Divine Mercy + Benediction

## Tuesday 26 March

7.30am Adoration

8.30am Mass

<u>9.15am</u> Adoration + Rosary + Divine Mercy + Benediction

6.00pm Marian Movement of Priests Cenacle

7.00pm St Michael Devotion with Benediction

8.00pm RCIA Rehearsal (in the Church; no Adoration)

## Wednesday 27 March

7.30am Adoration

8.30am Mass

9.15am Adoration + Rosary + Divine Mercy + Benediction

# **EASTER TRIDUUM**

# Holy Thursday 28 March

8.30am Morning Prayers in the Church10.00am Chrism Mass (St Mary's Cathedral)

7.00pm Evening Mass of the Lord's

Supper & Washing of the Feet

8.30pm Vigil at the Altar of Repose in the Bethany Chapel (no assigned group)

9.00pm Filipino community + all others welcome

9.30pm Spanish community + all others welcome

 $\underline{10.00pm}$  Legion of Mary + all others welcome

10.30pm Young Adults + all others welcome

11.00pm Archbishop Anthony's visitation group + all others welcome

# Good Friday 29 March

10.00am Stations of the Cross (outdoors)

3.00pm The Passion of the Lord

7.30pm Divine Mercy Novena

# Holy Saturday 30 March

9.15am Morning Prayers with Holy Rosary

3.00pm Divine Mercy Novena

# Easter Sunday 31 March

6.00pm Easter Vigil Mass (Saturday, 30 March)

8.00am Easter Sunday Mass
 10.00am Easter Sunday Mass
 3.00pm Divine Mercy Novena
 6.00pm Easter Sunday Mass

#### Easter Monday 1 April

7.30am Adoration

8.30am Mass

9.15am Adoration + Rosary + Divine Mercy + Benediction

7.30pm Divine Mercy Novena

#### Easter Tuesday 2 April

7.30am Adoration

8.30am Mass

9.15am Adoration + Rosary + Divine Mercy + Benediction

6.00pm Marian Cenacle with Exposition

7.00pm St Michael Devotion with Exposition

7.30pm Divine Mercy Novena with Benediction

#### Easter Wednesday 3 April

7.30am Adoration

8.30am Mass

9.15am Adoration + Rosary + Divine Mercy + Benediction

7.30pm Divine Mercy Novena

# Easter Thursday 4 April

7.30am Adoration

<u>8.30am</u> Mass

9.15am Adoration + Rosary + Divine Mercy + Benediction

7.30pm Divine Mercy Novena

### Easter Friday 5 April

7.30am Adoration

8.30am Mass

9.15am Adoration + Rosary + Divine Mercy + Benediction

7.30pm Divine Mercy Novena

8.00pm Adoration until 9.00pm

## Easter Saturday 6 April

8.00am Adoration

<u>9.15am</u> Mass

9.45am Adoration until 12.00 pm

<u>9.45am</u> Mother of Perpetual Help Devotion + Reconciliation

+ Benediction

10.30am Rosary + Chaplet of Divine Mercy

3.00pm Divine Mercy Novena

4.15pm Reconciliation

# Divine Mercy Sunday 7 April

5.00pm Vigil Mass (Saturday, 6 April)

7.00pm Mass (Saturday, 6 April; Spanish)

<u>8.00am</u> Mass

<u>10.00am</u> Mass

12.15pm Mass (Mandarin)

3.00pm-6.00 pm Divine Mercy Celebration:

3.00pm Hour of Mercy

4.00pm Stations of the Cross

5.00pm Adoration + Reconciliation + Benediction

6.00pm Mass

# AN AID TO EXAMINATION OF CONSCIENCE BY ARCHBISHOP ANTHONY FISHER OP

1

I am the Lord your God: you shall not put other gods before

#### Positive value: Reverence for God

- What are my priorities in life? Do I put God first and love Him with all my heart or do I put something/someone before God?
- Do I pray daily?
- Do I receive the teachings of Christ and His Church with an open heart and profess them openly? Or have I resisted less convenient teachings or denied them so as to get along?
- Do I receive Holy Communion often (at least annually in Eastertide), and prepare well for this? Or have I gone to Communion thoughtlessly, ungratefully or without first confessing grave sins?
- Do I go to Confession whenever I have committed a serious sin and am I honest when I go to Confession?
- Have I engaged in any occult, satanic or superstitious practices?
- Have I avoided activities that I know can be occasions of sin for me?

#### П

## You shall not take God's name in vain

# Positive value: Respect for the things of God

- Do I give due honour to God, His holy name, sacred ministers and sacred things?
- Have I used the name of the Lord (God, Jesus Christ, the Holy Spirit...) disrespectfully, or the names of Mary or the saints?
- Have I deliberately harboured hatred or resentment towards God?
- Have I cursed or wished evil on another person?
- Have I lied under oath or violated a vow?

#### Ш

### Keep the Lord's Day holy

## Positive value: Worship of God

- Do I make worship of God a priority in my life?
- Is Sunday my day of rest, prayer and dedication to my family, avoiding unnecessary work and shopping?
- Have I missed Mass on Sunday without a serious reason? Or on a Holy Day of Obligation (in Australia: 25 December and 15 August)?
- Do I try to be there for all of Mass and try to be engaged with God, his Word and the sacred actions while I am there?

• Do I fast and do penance at the proper times (Ash Wednesday, Good Friday, other Fridays)? Do I fast for an hour before receiving Holy Communion?

#### TV

#### Honour your father and mother

## Positive value: Reverence for family

- Do I love, honour and respect my parents, other older people, and those in authority?
- Have I shown appropriate care for my spouse, children, siblings, other family?
- Have I neglected the aged, sick or lonely?
- Have I tried to ensure that my children receive the sacraments, are given good religious instruction and practice their faith?

#### V

#### You shall not kill

### Positive value: Reverence for life

- Do I uphold the dignity of every person?
- Do I love others appropriately and forgive those who hurt me? Or do I harbour hatred, grudges or prejudices?
- Have I deliberately harmed someone, physically, emotionally, or in reputation?
- Do I care for my own physical, emotional, and spiritual health?
- Have I abused alcohol or drugs or driven 'under the influence'? Do I act recklessly?
- Have I had an abortion or helped someone else to have one?

#### VI

# You shall not commit adultery

# Positive value: Reverence for sex and the body

- Do I reverence my own body and have I been faithful to my state in life (married, vowed, single)?
- Am I a flirt? Have I engaged in immodest or sexually inappropriate behaviour?
- Do I honour my own marriage / family and support others in their family life?
- Have I committed sexual acts outside of marriage?
- Have I used bad language or told impure jokes?
- Have I used or encouraged others to use contraception or sterilisation?
- $\bullet \ \ \text{Have I viewed pornographic magazines, film or websites?}$

#### VII

You shall not steal

Positive value: Reverence for earthly goods

- Do I honour the goods of the earth and of other people and try to contribute to the improvement of this world?
- Do I share with those in need, giving generously to charities and contributing to the material needs of the Church?
- Have I stolen, pirated or damaged other people's property?
- Have I cheated someone or failed to make just restitution?
- Do I gamble excessively or spend wastefully?
- Do I act justly with respect to my employer, employees and in my tax affairs?

#### VIII

You shall not bear false witness against your neighbour Positive value: Reverence for truth

- Do I always seek to know and speak and live by the truth? Or have I lied, exaggerated or sworn falsely?
- Do I gossip or reveal confidences without good reason?
- Have I damaged someone's good name or failed to defend those unjustly criticised?
- Have I plagiarised or been academically dishonest?

#### TX

You shall not covet your neighbour's wife or people Positive value: Reverence for persons

- Do I reverence other people's bodies and state in life?
- Do I guard my senses, imagination and memory? Or have I wilfully lusted after another person or entertained impure thoughts?
- Am I envious of the abilities, talents, beauty, friendships or success of others?
- Do I ridicule, humiliate or manipulate others?
- Do I encourage others to live good lives? Or have I encouraged them to engage in a sin or wrongly assisted them in doing so?

#### X

You shall not covet your neighbour's goods

# Positive value: Reverence for higher things • Do I put the higher things first in my life or an

- Do I put the higher things first in my life or am I materialistic and part of the consumer culture?
- Am I excessively attached to material goods or envious of what others have?
- Do I show respect for the earth? Or do I unnecessarily damage the ecology?
- Have I desired or planned to steal, destroy or damage the property of another?
- Do I trust God to provide or fail to be grateful when He does?

Taken from the Archdiocese of Sydney Lenten Companion 2022: COME BACK TO ME